

A photograph of a couple's hands clasped together. The person on the left is wearing a plaid shirt and a watch. The person on the right is wearing a black leather jacket. The background is a light blue, textured surface.

Not IT'S [^]COMPLICATED

11.17.19

Questions to consider:

In the book *Caring Enough to Confront*, the author said, “Conflict is natural, neutral, and even beneficial.” Do you agree or disagree with this? Explain.

Are you naturally conflict avoidant or are you open to stepping into conflict? Where did you learn to respond this way?

Of the “10 Do’s and Don’ts to help resolution”, which one is the hardest for you?

Is there a conflict you are currently involved in? Is there a way for you to seek resolution? What’s holding you back?

In what ways does setting Jesus as your standard in dealing conflict change the way you engage in conflict?

What traits of your spouse have you come to appreciate even more as the result of experiencing conflicts in the relationship?